



Week one				
Meatballs Pasta Vegetables	Mince Mashed potato Vegetables	Chicken curry Rice Peas	Cheese topped Oily fish pie Mashed potato Vegetables	Jacket pots -cheese -beans -salad
Banana and Custard	Homemade Healthy cake	Apple pieces Fromage frais	Fruit salad and cream	Rice pudding & raisins
Week two				
Sausage Mashed potato Vegetables & gravy	Tuna pasta bake Cheese on top	Shepherds pie Mince/mash Vegetables	Vegetable curry Rice Naans	Chicken casserole Mashed potato
Mixed fruit salad & cream	Banana & Custard	Scone & cream/ Healthy cake	Fromage frais & apple pieces	Fruit platter
Week 3				
Jacket pots -cheese -beans -salad	Chilli Rice Nachos	Fish fingers Peas/beans Mashed potato	Chicken Mashed potato Vegetables Yorkshire puddings	Macaroni cheese Vegetables
Rice pudding & raisins	Fromage frais & apple pieces	Banana & custard	Home-made healthy cake	Mixed fruit and cream